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VIRUSES!

How to protect your data.

There are thousands of different viruses, malware and spyware on the Internet today. These can create major damage to your computer data and hard drive if you are not adequately protected.

What is a Computer Virus?

A computer virus is either a program, script or macro that has been designed to cause damage, steal your personal information, send out emails on behalf of your email address, display messages and or to modify your data. People create these viruses to make money, steal account information or just to cause problems for others.

A virus is designed to spread through your computer data by copying itself into data files or over data files, over programs or within the boot sector of your hard drive.

What is Malware?

Malware is malicious software which is designed to cause errors, watch your browsing habits, delete software, change your settings, watch your browsing habits or open your computer to attacks. Malware is also known as scumware.

Your computer can become infected by malware when you visit infected websites, download infected software or installing software that is infected.

What is Spyware?

Spyware is a software program that is installed intentionally on your computer to monitor what the users on the computer are doing. Another name for Spyware is snoopware. Spyware programs are often used to track a user's internet searching habits to better target them with advertisements.

Spyware is usually installed onto a computer when downloading free music sharing programs, visiting adult oriented web pages, through downloads and plug-ins on the internet.

How can I protect my computer and data from being Infected?

You can protect your computer from viruses by installing an antivirus protection program. Note – a bought antivirus program does cover you more than a free antivirus program.

The antivirus program will constantly monitor, detect, and clean any computer viruses by looking for virus signatures.

Your best defence against malware and spyware is to keep your computer updated. You should make sure that your antivirus program is up-to-date and that you either have a antivirus program that includes anti-spyware/malware software or have a anti-spyware/malware program installed.

Remember, always be cautious of email attachments even if it is from someone you know and links in email from people you don't know,

Most antivirus programs can clean malware but it's also a good idea to run an anti-malware or malware cleaner.

Note: It is not recommended to manually find and delete files on your computer that you suspect to be infected with a virus. Deleting the wrong files could result in errors on your computer, or cause the operating system to become unusable.

[If you are concerned that you have a virus contact us for a free assessment.](#)



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